

JANUARY 2024

Yeshivat Heatid

All food is prepared by The Kosher Experience and is under the supervision of the OU. All food served at school is supervised by the school

Monday

No Lunch

1

Tuesday

Schnitzel
Rice
Vegetables
Dessert

2

Wednesday

Macaroni & Cheese
Plain pasta
Sliced vegetables
Dessert

3

Thursday

Chicken Soup
Pasta & Meatballs
Garlic Bread
Vegetables
Dessert

4

Friday

Bagels, CC, Tuna & Egg Salad
Butter, Plain pasta
Vegetables
Dessert

5

Pizza
Fries
Caesar Salad
Dessert

8

Vegetable Soup
Hamburger on seedless Bun
Onion Rings
Sliced tomato, Onion, Pickles, Shredded Lettuce
Dessert

9

Vegetable Soup
Cheese Pretzel 2pp
Pasta & Sauce
Sliced vegetables
Dessert

10

Soup
Marinated Grilled Chicken Cutlets
Bread on the side
Shredded Lettuce, Tomato, Onion
Pickles, Sauces: BBQ, Hot Sauce, Chipotle Mayo
Dessert

11

Bagels, CC, Tuna & Egg Salad
Butter, Plain pasta
Vegetables
Dessert

12

Pizza
Fries
Caesar Salad
Dessert

15

Soup
Pretzel Chicken
Couscous
Vegetables
Dessert

16

Cheese Ravioli
Plain pasta
Garlic Knots
Sliced vegetables
Dessert

17

No School

18

No School

19

No School

22

No School

23

No School

24

No School

25

No School

26

Pizza
Fries
Caesar Salad
Dessert

29

Chicken Soup
BBQ Wings
EC Nuggets
Rice
Mixed Vegetables
Dessert

30

Waffles
Hash Browns
Yogurt, Berries, & Granola

31

